

[TRANSCRIPT]

# Everyday Tarot Intuition Mini Course

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## VIDEO 1: THE SECRET TO DEVELOPING AND TRUSTING YOUR INTUITION

Brigit: Hey there. I am Brigit and I am founder of Bidy Tarot. Now, I've created this very special intuition mini course to help you really connect and trust your intuition.

[00:00:30] Now, when I was young, like a teenager, I desperately wanted to develop my psychic superpowers. I wanted to be really intuitive probably because then I could impress my friends and show them I could guess things and read their minds and all that kind of good stuff, right, that we dream of when we're kids.

[00:01:00] So, being a student in that time, I did what any good student would do. I studied like crazy, thinking that if I could just master this thing called intuition, then I could do it. I'd be amazing at it and I could brag about it to my friends. So, I started studying really hard. I read all the books that I could read on intuition. I started practicing as many of the techniques as possible that I found inside of these books.

[00:01:30] Now, I remember when I was a teenager waking up at 4 in the morning doing this on a regular basis too, waking up at 4 in the pitch black and pulling out a little candle, my matches, and lighting that candle. What I did was I stared at this flame, hoping that it would unlock my psychic superpowers. I would sit there sometimes 20 minutes at a time, 30 minutes, sometimes even a full hour, waiting and waiting for these psychic superpowers to be switched on and I would suddenly be able to see and know everything in the world, right? Crazy.

I kind of got to a point though that I was trying and trying and trying, and nothing was happening. In fact, the more I tried, the less I succeeded. I ended

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[00:02:00] up just giving up on that and focusing on something completely different.

[00:02:30] Now, fast forward a couple of years. In the process of really giving up, I actually started to switch this on. So, my intuition started to come through in little drip and drops. In fact, I might be doing a tarot reading, so I was learning tarot at the same time, and I would do a tarot reading and I'd think about what that card meant, but then my intuition would also bring in an idea or an intuitive insight. I would kind of match that up with what I knew about the cards, and that was my little drip of intuition.

[00:03:00] Then in my 30s, I started to feel and sense that my intuition was getting even sharper. Instead of just coming through as little drips and me kind of maybe listening, maybe not, I started to listen to my intuition a lot more. I started to trust it and I also had a lot more confidence in it. I really allowed it to be a guide in my life.

[00:03:30] Now, it was actually my intuition that guided me towards leaving my corporate career of nearly 15 years. I had a masters ... Well, I have a masters degree in human resource management. I was working as a management consultant. In 2012, my intuition had guided me towards letting that all go and saying goodbye to my corporate career and, instead, saying hello to running Bidy Tarot full-time.

Now, on paper, that was crazy. But I really trusted my intuition and I went with it. Now, fast forward almost eight years later, and I have grown a six-figure company, sorry, seven-figure company, with 15 team members worldwide, and over 4 million visitors to our website every year. It blows my mind. All because I trusted my intuition.

[00:04:00] Now, my intuition has also led me to my dream home. Here we are on the Sunshine Coast, surrounded by rainforest, 5 acres of rainforest, an absolutely gorgeous home. It's led me to travel with my family overseas in Spain for six months, twice, and have amazing quality time with my family. The more that I have let in and allowed my intuition to flow, the stronger it starts to come through. In fact, even like now more than ever, I do not have to try. It just comes through when it needs to. It's all because I've stopped trying and I've started trusting. That really is the secret here to intuition. Stop trying and start trusting and stop striving and start allowing.

[00:05:00] Because here's the thing. When you're in this mode of really trying and really striving to get your intuition on speed dial, you're like, "Yes, we're going to make this happen," you're almost assuming as if intuition is something outside of you and you've got to master it and you've got to attain it and grab it and find it out there. It's if intuition will one day be bestowed on you. You'll finally have this intuitive gift bestowed on you.

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[00:05:30] But that's not how things work. Do you know why? It's because intuition sits within us. Yes, there's this beautiful place inside of us that is so intuitive and it's not something that's outside of us. It's right in here. Do you know what that also means? It means that we are all intuitive, including you. We all have access to this beautiful energy that is our intuitive energy.

[00:06:00] You see, intuition is like the voice of your soul. It is your pure essence. It is the part of you that you really are, it's who you really are. The more that we drop in, the more that we listen to that intuition, the more it really begins to flow.

[00:06:30] So, over these videos, over the next few videos, I want to show you a couple of ways that you can really drop into your intuition and I'm not going to give you really complicated, convoluted techniques, because it doesn't work. I'm going to give you some very simple techniques that no doubt you'll try them and then I strongly encourage you to integrate them into your day-to-day life because that's where things get really, really powerful. When you take these very simple techniques and you make it a part of your daily routine. That's what helps your intuition flow. That is the secret to having it flow. Just make it a part of your life.

[00:07:00] Now, in teach video, you're going to have a brief lesson, some tips, how-to, and then I'm going to invite you to go ahead and try that out. Plus, you've got a workbook so that you can keep a log of what you are discovering along the way. I hope that these next few videos are really going to help you just open up to this possibility that you are intuitive and it's right there right in front of you. You can access it at any time.

[00:07:30] Now, I do have a small task for you. Right now, I want you to think about where you are right now and what is it that you've been kind of striving for. When it comes to intuition, where are you trying too hard? And then on the flip side, what can you do to allow your intuition more, to listen more deeply to your intuition, and to really receive your intuition as well? Make sure you jot that down in your notebook and I'll see you in the next video where I'm going to share one of my favorite techniques for really developing and trusting your intuition.