

# Everyday Tarot Intuition Mini Course

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## VIDEO 4: INTUITIVE TAROT

Brigit: Welcome back. Now, in this video, I'm going to talk about my favorite topic: intuitive tarot. Now, right back when the Everyday tarot deck was in its early stages of design and development, I quickly hit a roadblock. We had created about five of the tarot cards. Or, actually, the illustrator had created five of the tarot cards. She had sent them off to my publisher, and my publisher sent them to me, and I looked at the cards and thought, "Okay, there they are." But I started to get into a little bit of panic and I thought, "How am I going to put my name on this tarot deck when I hadn't really had a role in their creation, and I haven't even had any connection with the person who's actually illustrating and designing the cards?"

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So, going through this massive panic, I started exploring all of the options, and I was seriously considering pulling the pin and saying, "Right, no. I'm not going to do it. This is against my values, it's not in integrity with how I want to do things. I don't want to do it." But another part of me said, "Hey, Brigit. Slow down, let's think this one through," and in fact, I really started to feel that I needed to connect with my intuition to find out what the best approach would be.

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So, I picked up my tarot cards and I used the Lumina tarot deck, which I love. Of course, by then, at that time, the Everyday tarot deck wasn't out, but I picked up my Lumina tarot cards and I first asked what was happening in this current situation? What was the big tension point?

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The first card I drew was this one. It's the Five of Wands and you'll see there's two stags, like head to head, and I thought, "Oh, that's interesting. I'm really focused on the two, the two stags."

## VIDEO 4: INTUITIVE TAROT

[00:02:30] And then the next card that I drew was this one, and that's the Three of Pentacles. When I started to look at these cards, I thought, "Okay, right now we're in a place of two, like it's me to the publisher, and the publisher to the illustrator. What we really need is a three. We need this three-way dynamic." Instead of it kind of feeling a bit not quite right, we need this beautiful, dynamic flow. From there, there's where things can start to grow. This little seed starts to come into being.

[00:03:00] With that in mind, I thought, "Okay, well, let's explore option one, which was just to completely walk away and throw the towel in." When I looked at the cards for that, I realized, "Yeah, sure, I could be like a boss and, you know, ha ha ha, look at me, I can do this," but I would later regret it and it would probably end up being a little bit adversarial if I had gone down that path.

So, I explored the second option, which was to continue on with the deck but to request some changes in the way that we worked together, and particularly having seen the Three of Pentacles, I knew that I needed to create more of a stronger dynamic between the three parties instead of just two.

[00:03:30] Now, when I drew the cards for this second option, one was the Death card. That was pretty clear, that changes were afoot. In fact, from change could come beauty. There's something ... There's like little roses that are in this skull, even though it looks pretty ... It's a pretty full on card, there's some beauty in this. If we can clear away some of the negativity or the things that aren't working well, we would allow for some really beautiful stuff to come through.

[00:04:00] Now, I also received this one, Maiden of Cups. Now, you'll see it's kind of like she's got her hands ... It's over her eye, but the way I saw it was a third eye. In the reversal, I saw, "Okay, I've got to go right within and I need to develop my own vision for this tarot deck." Seeing this card, I started to realize, "Oh, gosh. That's what's been missing. I've just kind of been going along for the ride and I haven't envisioned this deck, so no wonder we haven't got this beautiful flow yet because I haven't actually put my energy into this fully yet." That was another action for me was to really envision the deck, so that then I could work more closely with the illustrator and the publisher.

[00:05:00] Then one last card to wrap things up, and I asked, "Well, what do I need to know to make this decision?" I drew the Sun reversed. Now, as soon as I saw this, I thought of the solar plexus with this big, yellow spot right here. With the hands, I felt like, "You know what? I need to almost get my hands right into my solar plexus and really channel energy into my whole solar plexus."

I walked away from that reading, I thought, "Okay. I'm just going to take a moment and I'm going to close my eyes and I'm just going to envision this deck. I'm going to run that mental movie, a bit like the intuitive visualization, run that movie in my mind and just see what comes up." At the same time, what I was doing was I was charging up my solar plexus with my hands and the energy flowing through my hands, and in doing that, I was almost like

## VIDEO 4: INTUITIVE TAROT

[00:05:30] increasing all of this confidence, this power, this ability to fully express myself through the vision of the tarot deck. I tell you what, it came through so fast. I literally did it for about five minutes. I felt like, "Yes. I'm done. I worked pretty fast."

[00:06:00] Straight after, I emailed the publisher, said, "Look. Can we kind of break policy here and work where I get to meet with the illustrator? I can share with her my vision, she can share with me her vision, and we'll really connect." She had to check in with a few people, but eventually she said yes and we had an amazing couple of meetings as the deck started to really grow on its own. It felt completely different after that point.

What I want to tell you about this experience is the thing is like these tarot cards meanings, I didn't get them from a book. You'll never get those kinds of meanings from a book. What I did was I set the intention that the cards would help me go deeper into my intuition.

[00:06:30] This wasn't just an ordinary tarot reading where I remember what the card means and so on. This was more using the tarot as a guide to help me access my intuition. Do you see the subtle difference?

The way that we can really increase our intuition is by using the tarot cards. I know for many people you think, "Oh, well, I've got to be intuitive before I start reading tarot." Well, what I'm saying is that you've almost got to start reading tarot to be more intuitive. A little bit chicken and egg.

[00:07:00] But it's not really any kind of tarot reading that we're talking about. We're talking about reading tarot from the heart and not the book. This is about intuitive tarot reading and not just looking up a meaning and go, "Oh, that's what it means." This is using the tarot as a vehicle to go deep within your own intuition and access your answers from within instead of looking outside at a particular book. I hope that makes sense.

[00:07:30] All right. Well, let's talk then about how do you actually go about doing intuitive tarot reading?

[00:08:00] Number one. Put the book down. When you're about to do a tarot reading, put that book away, store it in another room so you're not even tempted to have a little peek. Then go through your tarot reading. Ask the cards a question and you might even ask your intuition first what question do I really need to answer here? What is the bigger question? Because when we ask powerful questions, we get powerful answers. Ask your intuition to give you the right question. Then lay out the tarot cards. As you look at those cards, I want you to completely forget all of the traditional meanings of the cards. All of that can go from your mind. Don't worry about being right. Don't worry about getting it correct and being able to remember everything. This is about you accessing

## VIDEO 4: INTUITIVE TAROT

your intuition with the tarot as a guide.

[00:08:30] Look for things like symbols in the cards. Look at the story in the card. Just pay attention to your initial feeling when you see the tarot cards. Maybe there's a message that comes into your mind. Maybe you get a visual image in your mind. Maybe you feel something, an emotion, sensation in the body. Pay attention to all of this because this is your intuition doing the talking.

[00:09:00] Just sit in that space for a while. Let it really unfold. You might even start to use your new intuitive writing techniques as well. Maybe there's a card that takes your attention, then you use that card to start writing about it and diving even deeper into what that card means for you. Maybe you use some visualization alongside your tarot reading as well.

And then after that reading, just sit back and think, "Okay, what have I learned here? What's my action? What do I need to do as a result of this intuitive insight so that I can bring all of that intuition into my everyday life?"

[00:09:30] Now, you might do this tarot reading and a couple of things might come up for you. One, you might go a bit blank and go, "Oh, I don't know what these cards mean." Instead of grabbing the book, just look at the pictures and start to describe exactly what you see in the picture. You'll probably find that your intuition starts to be jogged and it just kind of kicks into gear for you. So, describe the picture and see what is this a story of in my own life? How can I relate to this story? And so on.

[00:10:00] Now, the other thing that might happen is you might start to worry if you're right or if you're wrong. Don't worry. It's not the idea of this kind of reading. This is not a test of how well you know the traditional meanings of the cards. In fact, it's more about how can you connect in with your intuition and let your intuition speak to you.

[00:10:30] All right. Now it's your turn. What I would love for you to do is think of a question that's important for you right now and ask your intuition, "What's the best question for me to ask right now? What do I really need to know right now?" Draw a few tarot cards and use these intuitive tarot reading techniques to help you get into the intuitive message in those cards. Remember, put the book away. You're just using your intuition here and you're letting the cards be that vehicle for you to access your intuition.

[00:11:00] Now, in your workbook, you'll get to write down what you asked, what cards you drew, and also some of the intuitive insights that you uncovered through your reading.

## VIDEO 4: INTUITIVE TAROT

All right, I hope you enjoyed that technique. In the next video, we'll be wrapping things up and talking about how do you take all of this juiciness into your everyday life? All right. Bye for now.