

[TRANSCRIPT]

# Everyday Tarot Intuition Mini Course

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## VIDEO 5: AN INVITATION FROM YOUR INTUITION

Brigit: By now I've walked you through three different techniques that you can use to amplify and grow and trust your intuition. And remember, these techniques are not rocket science, they're not complicated and convoluted and what have you. They're purposefully simple because when you keep things simple, then you have a much better way of accessing your intuition.

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Now in this last video I want to share with you a story and some of my sort of insights around intuition and how you can continue to receive and hear your intuition.

So just over a year ago we were looking for our new home. And we were living in the city of Melbourne. We were in St Kilda, we were in a three-bedroom townhouse, a tiny little courtyard, and we were starting to feel cramped. We knew that we needed something really different. We were craving more space, but also more nature, and more of a lifestyle where we could be outside more regularly.

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Melbourne's gorgeous over the summer time, but during the winter it gets a little bit chilly, so firstly we were hearing our intuition speaking to us saying, "Come on, guys. Gotta have something different." But moving the whole family, we've got two kids, moving a family to a different place is a huge undertaking. So we started looking at places that were about an hour outside of Melbourne, so that way we could stay in touch with our friends and family, but still meet some of our needs around more space and more connection with nature.

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[00:02:00] We looked at various places, various areas outside of Melbourne, and while we found some interesting spots, we just didn't really gel with it. There was just nothing that was just really popping for us. In fact there was a house, we bid for it at the auction, but we didn't get it, and to me that was a sign that we weren't quite looking in the right place at all.

[00:02:30] So for the next coming months we started looking at other places interstate, a lot further away from friends and family, unfortunately. But these were places that had a much warmer lifestyle, warmer weather and a more kind of holiday feel to them. And we went on and we started to explore the Sunshine Coast, the Gold Coast and also Byron Bay, and we spent a week in each place just to get a feel for the location.

Now while we were there we started checking out house, we thought, okay, why not? Let's just see if it's possible. And we started to get a really strong feeling that, yeah, it was time to move interstate, and the Sunshine Coast was where we felt the most connected.

[00:03:00] Now I started feeling quite frustrated at this point. So we had looked already at about 15 houses in the Sunshine Coast, and I had already made the decision, we were moving. And when I make decisions, I move really, really fast. Because I think if you've made a decision, you just follow it through. I don't like sitting on something and just waiting for things to happen when I know that I want it to happen. But the problem was all these houses that we'd seen were kind of like an 8 out of 10. And I really wanted to have a 10 out of 10. If we were gonna make such a big move, then it needed to be a 10 out of 10.

[00:04:00] So we flew back home to Melbourne and we were sitting there just going, "How are we gonna make this happen?" It literally cost over \$1,000 to fly up and back and to check out houses, plus we had to get care for the kids. So in my mind I just couldn't compute how this was going to be possible, and yet I knew that I wanted it to happen. And this is when my intuition started speaking to me again. I was getting a strong feeling that I just needed to be patient and that everything was gonna work out just fine. Not so good with all of that. And I also had the feeling not to settle for an 8 out of 10 house, that we would find our dream home eventually if we just trusted the process.

[00:04:30] Now something that my intuition gave me which it doesn't normally do, but I got a sense of timing. I had this strong feeling that we would find the place in November and we would move in by February. Now again my mind just couldn't compute it. This was at around October, and I thought, how could you move house in three months? That's crazy. Because we'd need to sell our Melbourne home.

Anyway I decided to trust it, and I listened to it, and in the last week of November my husband and I booked a trip up to the Sunshine Coast, and we had about 10 properties to go and look at. Now we went and had a look at all those 10 properties, and again the same thing. 8 out of 10s. No 10 out of 10s.

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- [00:05:00] And I looked at my husband and I was like, "Should we just go with one of these?" It's like, "Oh, I don't know."
- We're sitting there having coffee and then he's looking thorough his phone and he says, "Oh, Brigit, this house was just on our list has just dropped by \$100,000." And I said, "Oh, okay." It was still outside of our budget, though, and I looked at the photos and said, "Anthony, if we go and see this place, I think I'm gonna fall in love, so are you ready for this? We're gonna love this place." It's like, "Okay."
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- So we went to the home, and driving down the driveway, and I was like, "Ooh, this is like magical." I walked in the door of the house and I was like, "Oh, this is it." And as i walked through the rooms I looked at the pool, the beautiful gardens, I kept tugging at Anthony's clothes saying, "We've got to get the contract, this is it, this is it, this is it." And then I think the thing that just pushed me over the edge was walking into one the rooms and seeing the Starchild Tarot deck. It's like, "Oh, that's a sign, it has to be." And so what we did was we signed that contract straightaway and we sold our home, we moved up by February, and everything had happened just as my intuition had told me.
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- Now the thing is I could have chosen to ignore my intuition completely. I could have said, "You know what? No, I need to make a decision, let's just get one of these houses." And we probably would have moved up here and maybe not felt as comfortable and as happy as we do now. But I really chose to trust into my intuition and let it guide me. This is the thing with intuition, it will come through, and oftentimes it comes through in a way that might be different to how your mind sees things. Your mind might process and compute things more from an ego, fear, fear of missing out kind of place. Your intuition, it has your absolute best interests in mind. It might be a slightly harder journey, a tougher route, but ultimately it's taking you to the place that is in most alignment with who you really are, and what is really right for you.
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- And we need to say yes to our intuition, and we need to open ourselves up to trust and receive that intuition. Now here's the other thing with intuition. It can't be forced. You can't be like, "Right, I demand an answer right now." Like, yes, you can go and do your intuitive writing, intuitive visualization, but what will come through is exactly what you need. Your conscious mind or your ego might be, "Right, I need to know this stuff and I need to know the exact details," but your intuition it kind of more gently nudges you. It's a little bit more gray than it is black and white. You don't necessarily get all the answers in one packet. You have to just listen to what it's telling you and then trust it, receive it and allow it to really unfold.
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- I think this is one of the big misperceptions with intuition. We think that it's going to tell us exactly everything, that we're going to see the perfect crystal picture of what we need to know, but what it will do is it will give us a sense of something, and then it's almost like an invitation that we will follow it, that we will listen to it even more deeply. And then it will unfold from there. We don't
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necessarily get that fullest picture.

[00:09:00] So here's what I want to leave you with. I want to really invite you to listen to your intuition, even if it's different to what your conscious mind is saying to you, even if it's different to what you think is in your best interest, just listen deeply into your intuition. And it really comes through as that kind of little niggly feeling that you have. It may not be the most appealing path, but it's that feeling that you just cannot deny. Now if you do deny it, what often happens is it just gets louder and louder and louder until you pay attention.

[00:09:30] And the other thing is to let go of any expectation of what your intuition will show you. It will not necessarily give you that crystal clear picture. Oftentimes it's just a gentle nudge in the right direction, and you just go with its flow. So this is really about surrendering and letting go. Kind of hard in this more masculine community or world that we live in right now, but this is about surrendering and letting go and letting it flow. And of course when you do, that's when you get to experience intuition in its fullest. And that's when you get to have intuition in your everyday life. So that every decision that you're making is coming from a place of your highest good, in alignment with your soul purpose. Every interaction you're having with people in your life is also from a place of your intuition and your highest good. And from there that's when you can really live this inspirational and intentional life. You can manifest your goals, you can make awesome things because it just flows, it's not even about making things happen, it just flows.

[00:10:30] So this is your invitation to say to your intuition, and inside of your workbook what I would love for you to do is make a commitment to yourself about how you want to integrate intuition into your everyday life. Maybe it's that you make a commitment to do intuitive writing every day. Maybe it's that you make a commitment to pull out your tarot cards when you need more intuitive insight, when you feel like you need to go deeper. Maybe it's that you make a commitment to doing the intuitive visualization when you have a challenging question on your mind or a big decision that you need to make. So write that down in your workbook. Now I hope that you've enjoyed this intuition mini course as much as I've enjoyed sharing it with you. It's been an absolute joy, and I just hope this is one of those beautiful, subtle yet powerful shifts that happens in your life where everything changes from this moment on.

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Okay, bye for now.